



STATEN ISLAND BUDDHIST VIHARA
DHAMMA SCHOOL

*"Hate is never conquered by hate.
Hate is conquered by love. This is an eternal law."
~ Gautama Buddha*



STATEN ISLAND
BUDDHIST VIHARA
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HOMAGE TO THE BUDDHA (NAMASKARA)

Namo tassa bhagavato arahato samma sambuddhassa
Namo tassa bhagavato arahato samma sambuddhassa
Namo tassa bhagavato arahato samma sambuddhassa

TAKING REFUGE (SARANA GAMANA)

Buddham saranam gacchami
Dhammam saranam gacchami
Sangham saranam gacchami

Dutiyam pi Buddham saranam gacchami
Dutiyam pi Dhammam saranam gacchami
Dutiyam pi Sangham saranam gacchami

Tatiam pi Buddham saranam gacchami
Tatiam pi Dhammam saranam gacchami
Tatiam pi Sangham saranam gacchami

THE FIVE PRECEPTS (PANCASILA)

Panatipata veramani-sikkhapadam samadiyami.
Adinnadana veramani-sikkhapadam samadiyami.
Kamesu micchacara veramani-sikkhapadam samadiyami.
Musavada veramani-sikkhapadam samadiyami.
Surameraya majjapama datthana veramani sikkhapadam samadiyami.

HOMAGE TO THE BUDDHA

Homage to the Blessed One .The Worthy One. The Fully Enlightened One

Homage to the Blessed One .The Worthy One. The Fully Enlightened One

Homage to the Blessed One .The Worthy One. The Fully Enlightened One

TAKING REFUGE

I take refuge in Buddha.

I take refuge in Dhamma.

I take refuge in Sangha.

A second time I take refuge in Buddha.

A second time I take refuge in Dhamma.

A second time I take refuge in Sangha.

A third time I take refuge in Buddha.

A third time I take refuge in Dhamma.

A third time I take refuge in Sangha.

OBSERVING FIVE PRECEPTS

I undertake the training rule to abstain from taking life.

I undertake the training rule to abstain from taking what is not given.

I undertake the training rule to abstain from sexual misconduct.

I undertake the training rule to abstain from false speech.

I undertake the training rule to abstain from intoxicating drinks

and drugs causing heedlessness.

HOMAGE TO THE BUDDHA (BUDDHA VANDANA)

Iti pi so Bhagava Araham Sammasambuddho
Vijjajaranasampanno Sugato Lokavidu
Anuttaro purisadamma sarathi Sattha
devamanussanam Buddho Bhagava ti.

HOMAGE TO THE DHAMMA (DHAMMA VANDANA)

Svakkhato bhagavata dhammo sanditthiko akaliko ehipassiko
opanayiko paccattam veditabbo vinnuhiti.

HOMAGE TO THE SANGHA (SANGHA VANDANA)

Supatipanno Bhagavato savakasangho
Ujupatipanno Bhagavato savakasangho,
Nayapatipanno bhagavatho savakasangho
Samicipatipanno bhagavatho savakasangho,
Yadidam cattari purisayugani attha purisapuggala
esa bhagavatho savakasangho ahuneyyo pahuneyyo
dakkhineyyo anjalikaraniyo anuttharam
punnakkhettham lokassa ti.

OFFERING (PUJA)

Light: Ghanasarappa dittenā dipenā tamadamsina
Tilokadipam sambuddham Pujayami tamonudam.

Incense: Gandha-sambhara-yuttenā dhupen-aham sugandhina
Pujaye pujaniyyantam Pujabhajanamuttamam.

Flowers: Vanna-gaṇḍha-guṇopetam etam kusuma-santatim
Pujayami munindassa siripada-saroruhe

Pujemi buddham kusumena'nena punnena metena ca hotu mokkham
Puppam milayati yatha-idam me kayo tatha-yati vinasabhavam.

Worshipping all shrines:

Vandami cetiyam sabbam sabba thanesu patitthitam
Saririka dhatu maha bodhim buddharupam sakalam sada.

HOMAGE TO THE BUDDHA (BUDDHA VANDANA)

Such indeed is the Exalted one. Worthy, Perfectly enlightened, Endowed with knowledge and conduct, Well-gone, Knower of the worlds, Supreme trainer of persons to be tamed, Teacher of gods and humans, Enlightened.

HOMAGE TO THE DHAMMA (DHAMMA VANDANA)

Well expounded is the Dhamma by the exalted One, directly visible, unaffected by time, calling one to come and see, leading onwards, to be realized by the wise?

HOMAGE TO THE SANGHA (SANGHA VANDANA)

The Order of the exalted one's disciples is practicing well. The order of the Exalted one's disciples is of upright conduct, the order of the Exalted one's disciples has entered the right path; the order of the Exalted one's disciples is practicing correctly; that is, the Four pairs of persons, the eight kinds of Individuals. The Order of the Exalted one's disciples is worthy of offerings and hospitality, worthy of gifts and salutation, supreme field of merit for the world.

OFFERING (PUJA)

With the candle light dispelling dark I venerate the perfect Buddha,
The light of the triple world, who dispels the dark of delusion.

With this incense sweetly scented, Made from fragrant substances,
I venerate the One Worthy of reverence, The supreme recipient of offerings.

This cluster of flowers, beautiful, fragrant and excellent I offer at the holy lotus
feet of the noble Lord of Sages. With these flowers I venerate the Buddha,
By this merit may I gain liberation. As these flowers fade and wither
So will this body be destroyed.

I pay reverence to every shrine. That may stand in any place,
The bodily relics, the Bodhi Tree, And all image of the Buddha.

ASKING FOR FORGIVENESS (KHAMA YACANA)

Kayena vaca-cittena Pamadena maya katam
Accayam khama me bhante Bhuripanna tathagata.

SHARING MERITS (PATTANUMODANA)

Akasattha ca bummattha deva naga maddhika
Punnamtam anumoditva ciram rakkhantu loka sasanam ///

Idam me natinam hotu Sukhita hontu natayo. ///

WISH (PATTHANA)

Devo vassatu kalena sassa sampatti hotu ca
Phito bhavatu loko ca raja bhavatu dhammiko.

Imina punnakammena ma me balasamagamo
Satam Samagamo hotu yava nibbanapattiya.

Idamme punnam asawakkhaya vahan hotu
Idamme punnam asawakkhaya vahan hotu
Idamme punnam asawakkhaya vahan hotu

PAY RESPECT TO PARENTS (MAPIYA VANDANA)

Dasa mase ure katva posesi vuddhikaranam
Ayu deegham vassa satam matu padam namamaham

Vuddhikaro Alingitva cumbitva piya puttakam
raja majjhan suppatittham pitu padam nama maham

ASKING FOR FORGIVENESS (KHAMA YACANA)

If, due to negligence, I have done some wrong by body, speech, or mind
Forgive me of that offence, O Bhante, Perfect One of vast wisdom.

SHARING MERITS (PATTANUMODANA)

May all beings inhabiting space and earth
Devas and nagas share this merit, and they be happy.

May all our departed relatives rejoice these merit,
And may they be happy.

WISH (PATTHANA)

May rain fall at suitable times may the world progress.
Be happy and peaceful. may the leadership be righteous.

By means of these meritorious deeds, may I never join with unwise persons.
May I joining with the wise until the time I attain Nibbana.
By means of all these merits, may I attain the Nibbana.

PAY RESPECT TO PARENTS (MAPIYA VANDANA)

Beloved mother, you carried me in your abdomen and sustained me for ten
long months. I worship you at your feet and wish you a life span of one
hundred years.

Beloved father, you lovingly carried me as an adorable son, kissing me and
doing so much for my progress. I worship you at your feet and wish you a life
span of one hundred years

LOVING-FRIENDLYNESS MEDITATION (METTA BHAVANA)

May I be / well and happy.

May I be free from / harm and grief.

May I be free from / hatred and greed.

May I be free from / jealousy and envy.

May I have courage, / understanding, / patience, and determination /
to overcome / failures and difficulties in my life.

May I be successful / in wholesome actions / in daily life.

May I attain peace / and happiness of Nibbana.

May my parents and teaches / be well and happy.

May my parents and teaches / be free from / harm and grief.

May my parents and teaches / be free from / hatred and greed.

May my parents and teaches / be free from / jealousy and envy.

May my parents and teaches / have courage, / understanding, /
patience and determination / to overcome / failures and difficulties in life.

May my parents and teaches / be successful / in wholesome actions / in daily life.

May my parents and teaches / attain peace / and happiness of Nibbana.

May my family members / be well and happy.

May my family members / be free from / harm and grief.

May my family members / be free from / hatred and greed.

May my family members / be free from / jealousy and envy.

May my family members / have courage, / understanding, / patience
and determination / to overcome / failures and difficulties in life.

May my family members / be successful / in wholesome actions / in daily life.

May my family members/ attain peace / and happiness of Nibbana.

May my relatives/ be well and happy.

May my relatives / be free from / harm and grief.

May my relatives / be free from / hatred and greed.

May my relatives / be free from / jealousy and envy.

May my relatives / have courage, / understanding, / patience and determination /
to overcome / failures and difficulties in life.

May my relatives/ be successful / in wholesome actions / in daily life.

May my relatives / attain peace / and happiness of Nibbana.

May my friends/ be well and happy.

May my friends/ be free from / harm and grief.

May my friends / be free from / hatred and greed.

May my friends / be free from / jealousy and envy.

May my friends / have courage, / understanding, / patience and determination / to overcome / failures and difficulties in life.

May my friends/ be successful / in wholesome actions / in daily life.

May my friends / attain peace / and happiness of Nibbana.

May all unfriendly beings / be well and happy.

May all unfriendly beings / be free from / harm and grief.

May all unfriendly beings / be free from / hatred and greed.

May all unfriendly beings / be free from / jealousy and envy.

May all unfriendly beings/ have courage, / understanding, / patience and determination / to overcome / failures and difficulties in life.

May all unfriendly beings/ have courage, / understanding, / patience, and determination / to overcome / failures and difficulties in my life.

May all unfriendly beings / be successful / in wholesome actions /in daily life.

May all unfriendly beings / attain peace / and happiness of Nibbana.

May all beings / be well and happy.

May all beings / be free from / harm and grief.

May all beings / be free from / hatred and greed.

May all beings / be free from / jealousy and envy.

May all beings / have courage, / understanding, / patience and determination / to overcome / failures and difficulties in life.

May all beings / be successful / in wholesome actions / in daily life.

May all beings / attain peace / and happiness of Nibbana.

Budu sarana veva

Sadaham sarana veva

Sanga sarana veva

Metun saranin jayama veva